

September 1, 2016

Wellness Policy

The Greece Christian School is committed to providing a school environment that enhances learning and development of lifelong wellness practices.

To accomplish these goals:

- Child Nutrition Programs comply with federal, state, and local requirements. Child Nutrition Programs are accessible to all children, and participation is both encouraged and promoted by Greece Christian School, in accordance with Greece Central School District. (lunch)
- Sequential and interdisciplinary nutrition education is provided and promoted.
- Patterns of meaningful physical activity connect to students' lives outside of physical education.
- All foods and beverages made available on campus (including vending, concessions, a la carte, student stores, parties, and fundraising) during the school day are consistent with the Dietary Guidelines for Americans.
- The school environment is safe, comfortable, pleasing, and allows ample time and space for eating meals.
- Food and/or physical activity is not used as a reward or punishment.